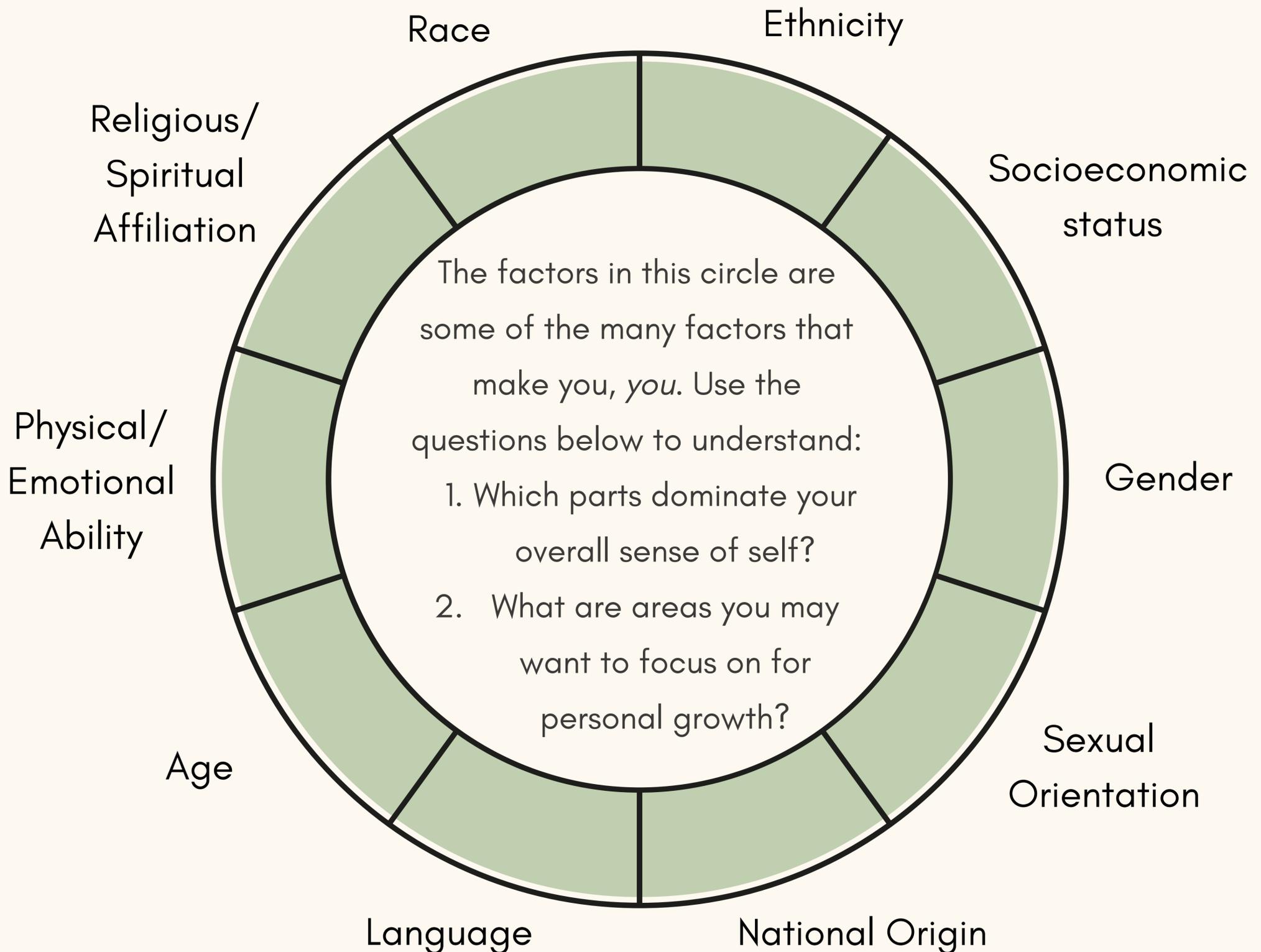


Social Identity Wheel

Our identities are complex and multifaceted, shaped by various aspects such as race, gender, socioeconomic status, and more. This worksheet is designed to help you reflect on the different dimensions of your identity.



1. What aspects of your identity do you feel most comfortable sharing with others?
2. Are there any parts of your identity that you keep private or don't discuss often?
3. Which parts of your identity would you like to learn more about?
4. How do your different identities (like race, gender, or religion) affect how you see yourself?
5. Have you ever felt different or treated differently because of your identity?

Adapted for use by the Program on Intergroup Relations and the Spectrum Center, University of Michigan.